

# INSTRUCTIONS FOR USE

## AS-LUNA, SEED Multifocal O<sub>2</sub> Noah

**Please read carefully before use.**

### [Description]

#### 1. Principles

Correct vision with the use of vertex power added to the contact lenses and the tear fluid between the contact lenses and cornea.

#### 2. Composition

Fluoride-containing methacrylate compound  
Silicon-containing methacrylate compound

### [Intended use]

Vision correction

### [Indications]

For myopia, hyperopia (presbyopia; in the case of multifocal lens)

### [Instructions of use]

#### Daily wear or extended wear (Maximum period: 7 days)

The wearing schedule may differ depending on the individual. Follow the instructions of your Eye Care Practitioner.

#### 1. Before Handling the Lenses

- 1) Cut your fingernails short with their tips round and smooth to avoid damaging the lenses.
- 2) Always wash your hands and fingers thoroughly with soap, and rinse off the soap completely before touching the lenses.

#### 2. Removing the Lenses from Package

When you open the lens package for the first time, dispose of the storage solution completely. Rinse the vial case and lenses thoroughly with lens care products before use.

#### 3. Inserting the Lenses in the Eye

- 1) Place the lens on the tip of your index finger of your dominant hand.
- 2) Place the middle finger of the same hand close to your lower eyelash and pull down the lower lid. Use the index finger of the other hand to lift the upper lid.
- 3) Open your eye wide while looking in the mirror, and place the lens on the eye.
- 4) Once the lens is place on the eye, slowly release the fingers from the lids and blink your eyes lightly. The lens will center automatically.
- 5) Cover the opposite eye with a hand and check your vision.
- 6) Use the same technique when inserting the lens in your other eye.

#### 4. Removing the Lenses

- 1) Open both eyes wide while looking in the mirror, and make sure that the lenses are placed on your eyes.
- 2) Place the palm of your non-dominant hand under your eye, and pull the corner of your eye upwards with the index finger of your dominant hand. Blink your eyes lightly. The lens will be pinched between eyelids and fall out. Catch the lens with your hand.

Note: When it is difficult to remove the lenses, release your fingers and blink vigorously a few times, or use artificial tear eye-drops. Repeat the steps from the beginning. If there is no improvement, consult your Eye Care Practitioner. Follow the instructions of your eye care practitioner on the use of artificial tear eye-drops.

#### 5. Wearing Schedule

The wearing schedule may differ depending on the individual. Follow the instructions of your Eye Care Practitioner.

##### 1) For daily wear

1st day: Up to 8 hours	Note: Remove the lenses before going to bed.
2nd day: Up to 10 hours	
3rd day: Up to 12 hours	
4th day: Up to 14 hours	
5th day: Up to 16 hours	
6th day onwards: All waking hours (Wear lenses from the time you wake up to the time you go to bed.)	

##### 2) For extended wear

1st day: Up to 8 hours	All waking hours Note: Remove the lenses before going to bed.
2nd day: Up to 10 hours	
3rd day: Up to 12 hours	
4th day: Up to 14 hours	
5th day: Up to 16 hours	
6th day: Up to 16 hours	
7th day: Up to 16 hours	
8th day - 9th day: After wearing lenses for 24 hours consecutively, receive a regular eye examination by your eye care practitioner and start extended wear	
10th day - 30th day: Repeat the cycle of 2 - 3 day extended wear for approximately three weeks	
1 month onwards: Start weekly (6 nights) extended wear	

#### 6. Lens Care

- 1) Always clean your contact lenses after use.
- 2) Use the compatible lens care products.
- 3) If your lenses can get dirty easily, or you have dry eyes, an allergic constitution or oily skin, in case of extended wear, use the protein remover at least once a month.
- 4) For more information on lens care procedures, read the instructions (labels and package inserts) of each lens care product.

#### 7. Managing the Lens Case

- 1) Replace the lens case with a new one regularly.
- 2) Dispose of the disinfectant solution from the used lens case. Wash and air dry the lens case completely.

#### 8. Regular Eye Examination

Make sure to regularly receive eye examinations as instructed by your Eye Care Practitioner. The typical schedules of regular eye examinations are as follows.

- 1) For daily wear  
1 week after the starting day of lens wear. After 1 month and 3 months from each of last examination, and every 3 months onwards.
- 2) For extended wear  
On the starting day and the following day. After 1 week, 1 - 2 weeks and 1 month from each of last examination, and monthly onwards.

### [Contraindications]

#### Do not use the contact lenses if you have any of the following conditions.

The following symptoms may affect effectiveness of contact lens wear. Inform your Eye Care Practitioner of your illnesses, medications, eye-drops, or certain life styles, and follow his/her instructions.

- 1) Anterior segment inflammation
- 2) Eye infection
- 3) Uveitis
- 4) Decreased corneal sensation
- 5) Dry eyes or lacrimal apparatus disease which can cause problems when wearing
- 6) Eyelid disorder
- 7) Allergic diseases which could affect lens wear negatively
- 8) Patients who live in constantly dry life environments
- 9) Patients whose life environments are susceptible to dust and chemicals
- 10) Other diseases which could make lens wear inappropriate
- 11) Other cases in which your Eye Care Practitioner judged that lens wear is inappropriate

### [Warnings]

#### 1. Even if you use contact lenses appropriately, you may sometimes develop any of the following eye disorders. It is recommended to consult your Eye Care Practitioner for a regular eye examination. (Symptoms may differ depending on the lens types, duration of use, or condition of your eyes.)

- 1) Prolonged use of lenses may cause corneal endothelial cell loss or giant papillary conjunctivitis.
- 2) Insufficient oxygen supply to the cornea may cause corneal edema or corneal neovascularization.
- 3) Eye disorders such as corneal ulcer may occur.

#### 2. Important Notifications

- 1) Read this Instructions for Use thoroughly prior to the use of contact lenses and lens care products. If there are any unclear explanations or contents, consult your Eye Care Practitioner before use.
- 2) Store this Instructions for Use in a safe place.  
Contact lenses are used by placing them directly in your eyes. Mishandling of contact lenses or lens care products can lead to serious eye injuries such as corneal ulcer. Neglecting the symptoms without receiving treatment may lead to blindness.  
(1) If extended wear is permitted by your Eye Care Practitioner, follow his/her instructions.  
(2) Observe the specified wearing period.  
The appropriate wearing period (extended wear period) may differ depending on the individual. Make sure to follow the wearing period (extended wear period) instructed by your Eye Care Practitioner.  
(3) Always follow the instructions to handle and use the contact lenses correctly. Improper use of contact lenses or lens care products may lead to eye damage. Always keep the contact lenses and lens care products (especially lens case) clean, and follow the correct handling procedures.  
(4) Make sure to regularly receive eye examinations.  
Even if you are wearing contact lenses comfortably without any symptoms, your eyes or lenses may be damaged, or eye disorder may develop without symptoms. Make sure to regularly receive eye examinations as instructed by your Eye Care Practitioner, even if you do not notice any abnormalities.  
(5) If you experience even a slight abnormality, immediately contact your Eye Care Practitioner for an eye examination.  
Check daily if there is mucus or hyperemia in your eyes before wearing contact lenses. Also after inserting contact lenses in your eyes, make sure there is no feeling of a foreign body in your eyes. If you experience any of these abnormalities even slightly, immediately contact your Eye Care Practitioner for an eye examination.
- 3) If you have worn a damaged lens or a lens has been damaged during use, immediately contact your Eye Care Practitioner for an eye examination even if you do not notice any symptoms.

### [Precautions]

#### 1. Precautions to Ensure Safety of Your Eyes

- 1) Before inserting lenses in your eyes, examine the lenses to make sure that they are not damaged, deformed, or scratched, and are free of any foreign bodies or dirt. Never use lenses with any such defects.

- 2) Follow the instructions of your Eye Care Practitioner in regard to the use of eye-drops.
- 3) Do not rub or press your eyes with force while wearing contact lenses.
- 4) Use only lenses prescribed for yourself.
- 5) Never use well water or tap water to store lenses. The acanthamoeba in well water or tap water may lead to serious eye disorders. Use the lens care products to store lenses.

#### 2. Precautions for Extended Wear

- 1) Follow the instructions of your Eye Care Practitioner before starting extended wear.
  - 2) It is necessary to take particular care when wearing lenses for a continuous period of time, because extended wear places larger burden on eyes in comparison with daily wear. Check the condition of your eyes in the mirror daily, and if you experience any abnormalities, immediately remove your lenses and contact your Eye Care Practitioner for an eye examination.
- #### 3. Precautions to Protect Your Lenses from Damage, Deformation, Scratches, Foreign Bodies, and Dirt
- 1) Cut your fingernails short with their tips round and smooth.
  - 2) Wash your hands and fingers with soap and rinse off the soap completely before handling lenses.
  - 3) Place a washed towel or handkerchief on a well-lit, clean surface where you are going to handle the lenses.
  - 4) It is best to insert your lenses before applying makeup.
  - 5) Do not press, bend, or turn over a lens with force.
  - 6) Use the tips of your thumb and index finger to hold a lens gently.
  - 7) If a lens falls out of your eye, wet the tips of your fingers and pick up the lens.
  - 8) Do not rub or wipe a lens with a handkerchief, spectacle wipe, or tissue paper.
  - 9) Do not apply chemicals or oil, such as cosmetics, hair spray, benzine, alcohol, or thinner, to the lenses.
  - 10) Do not soak lenses in hot water or leave them where they may be subjected to high temperature.
  - 11) Do not dehydrate lenses.
  - 12) Do not freeze lenses.
  - 13) Do not hit the lenses against the edge of the lens case, etc.
  - 14) Do not use a lens case which can cause deformation of the lenses.
  - 15) Do not use a lens to expand the lens holder when storing the lens in the holder of the lens case. Doing so may cause damage or deformation of the lens.
  - 16) Do not open/close the cap of a lens care product or lens case while holding a lens with fingers.
  - 17) Always keep the lens case clean.
  - 18) Do not use saliva to wet lenses.

#### 4. Precautions while Wearing Lenses

- 1) (in the case of multifocal lens) Choose a well-lit location when reading. It may be hard to read in a dark place due to the reduced amount of light.
- 2) (in the case of multifocal lens) Pay sufficient attention when driving at night or in a tunnel where the brightness may fluctuate and make it difficult to see.
- 3) (in the case of multifocal lens) Use lenses in a safe place such as at home until you get used to the corrected vision.
- 4) If you are hospitalized or recover from an illness or injury, you may not be able to use lenses. Inform your doctor that you are wearing lenses and follow their instructions.
- 5) Never process or alter lenses.
- 6) Always insert the correct lens in each eye (Right or Left). If you think incorrect, consult your Eye Care Practitioner
- 7) Pay special attention when playing an active sport. The lenses may become misaligned or fall out.
- 8) Remove lenses when you swim, wash your face or hair.
- 9) Pay special attention when applying eye-drops over the lenses. The lenses may fall out easily.
- 10) It is recommended to wear sun glasses or goggles to protect your eyes from wind on a windy day or when you are riding a motor bike or bicycle or skiing or snowboarding. Otherwise, the wind may blow dirt into your eyes while you are wearing contact lenses.
- 11) If your eyes feel dry, blink your eyes intentionally.
- 12) Avoid operating a motor vehicle or machinery until you get used to wearing contact lenses.
- 13) If a lens becomes misaligned, falls out, or the vision becomes poor suddenly while driving a car or operating machinery, confirm your safety and stop driving (operation).
- 14) Purchase replacement lenses regularly as instructed by your Eye Care Practitioner.
- 15) Keep lenses out of reach of children.

#### 5. Symptoms during Use of Contact Lenses and How to Deal with the Problems

- 1) Before you get used to wearing lenses:  
You may experience any of the following physiological symptoms during the initial stage of contact lens wear or extended wear. The symptoms may resolve as your eyes become used to the lenses (generally after a few weeks). There may be a foreign body sensation in your eye when you switch from lenses with low oxygen permeability to this product, because the cornea returns to normal.
  - There is a minor foreign body sensation in your eye.
  - Excessive eye blinking
  - Ocular itching
  - Excessive lacrimation
  - Unusual eye discharge
  - Sensitivity to light
  - Unstable vision
  - Dizzy

#### 2) Symptoms after Becoming Used to Lenses

Symptoms	Possible Causes	Resolutions
Dirty, cloudy, stained lens	Inappropriate cleaning method Insufficient cleaning, adhesion of cosmetics, hairdressing product, protein, mucin, or due to your body constitution	Clean the lens again.
Damaged, deformed, inside-out lens	Holding, cleaning or storing the lens inappropriately	Refer to the instructions and handle the lens correctly.
Discolored lens	Overexposure to ultraviolet light	Replace the lens.

- 3) If the symptom does not improve, or another symptom develops, stop wearing contact lenses immediately and consult your Eye Care Practitioner. Failure to follow the recommended usage and handling procedures may result in development of serious eye problems such as corneal ulcer.

#### 6. Usage by the Elderly, Pregnant, Postpartum, or Nursing Women, or Children

- 1) If an elderly user finds it difficult to insert/remove, or care for lenses, consult an Eye Care Practitioner and follow the instructions.
- 2) The form of the cornea may change during pregnancy, postpartum, and lactation (including oral contraceptive users). Consult your doctor or Eye Care Practitioner.
- 3) A child may use contact lenses under parental guidance.

#### 7. Precautions for Use Overseas

- 1) In case you cannot purchase the lenses or compatible lens care products overseas, carry extra lenses and extra lens care products as well as glasses.
- 2) Receive eye examinations regularly and refer to the Eye Care Practitioner as long as you use contact lenses overseas.

#### 8. Other Precautions

Physical conditions or status of the eyes due to illnesses, medications, or eye-drops may affect contact lens wear, even if they do not fall under the symptoms listed in [Contraindications]. Consult your Eye Care Practitioner before use. Also, the condition of contact lens wear may change after starting to use lenses. Consult your Eye Care Practitioner for details.

#### [Potential adverse events]

If the following adverse events may occur, adopt suitable measures such as to stop using the lenses according to the instruction of your Eye Care Practitioner.

##### 1. Serious Adverse Events

- Corneal ulcer
- Corneal abscess
- Corneal perforation

##### 2. Other Adverse Events

- Corneal infiltrates
- Corneal desquamation
- Corneal erosion
- Keratitis bacterial
- Corneal herpes
- Corneal edema
- Keratitis (including infective keratitis)
- Corneal epithelial staining (including superficial punctate keratopathy)
- Corneal epithelial disorders such as epithelial splitting
- Warmness in eyes
- Corneal neovascularization
- Corneal endothelial cell loss
- Iritis
- Pigment slide
- Conjunctivitis bacterial
- Allergic conjunctivitis
- Conjunctivitis (including infective conjunctivitis and giant papillary conjunctivitis)
- Subconjunctival hemorrhage
- Blepharitis
- Stye
- Meibomitis
- Chalazion
- Ptosis
- Poor vision
- Eye pain
- Foreign body sensation in eyes
- Discomfort
- Sensation of pressure in eye
- Excessive eye blinking
- Abnormalities of eyes (sense of discomfort, bleary or irritated eyes)
- Abnormal vision (blackness, decreased, blurred, or flickering vision)
- Hyperemia
- eye discharge
- excessive lacrimation
- Ocular itching
- Stinging sensation in eyes
- Dry eyes
- Dry eye sensation or Dry-eye feeling
- Asthenopia (including accommodative asthenopia)
- Headache
- Feels poorly
- Dizzy
- Difficulty to insert/remove the lens
- A lens stuck on the eye

#### [Storage and Duration of Use]

##### 1. How to Store Unopened Lenses

Avoid direct sunlight and store the lenses at room temperature.

##### 2. Use-by Date

Start using the lenses within the specified use-by date.

(Example: If the specified use-by date is "202007", start using the lenses before July 2020.)

##### 3. Manufacturing Date

Five(5) years back from the specified use-by date.

#### Manufacturer:

Toray Industries, Inc.

1-1, Nihonbashi-muromachi 2-chome, Chuo-ku, Tokyo 103-8666, Japan

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